

IRV FIT

PERSONAL TRAINING



JUNE TRIAL OFFER

OFFER ONLY VALID THROUGH 6/15/2022.
NEW MEMBERS ONLY.

180 MIDWAY RD, CRANSTON RI 02920
401-595-7358 : WWW.IRVFIT.COM

STARTER PACK

NOW

~~\$149~~

- Functional Movement Screening - allowing us to tailor each movement to you
- Goal Setting Session - helping us to hold you accountable each step of the way
- Two Small Group Training Sessions per week - to improve strength and burn fat
- End of Trial Progress Review - ensuring an effective and enjoyable experience

TRANSFORMATIONAL TRIAL

NOW

~~\$199~~

- The ENTIRE Starter Pack plus. . .
- Receive nutritional coaching to transform your eating habits and take control of your health!

RESULTS ACCELERATOR

NOW

~~\$249~~

- The ENTIRE Transformational Trial plus. . .
- Visit twice as often and reach your results twice as fast

PERFECTLY PERSONALIZED

wow

~~\$349~~

- The ENTIRE Results Accelerator plus. . .
- Add a weekly personal training session to optimize your experience with a program tailored to your unique needs